Directions:

1) Fold each dotted line in numeric order (3 folds on each sheet)
2) Make a cut on the solid lines on each sheet
3) Intersect the 2 cut lines
4) Stand up the focus sheet upright using the “feet” on each sheet to help it stand upright with the scale at a 45 deg angle
5) You can put something on the back side of the focus sheet to help support it
6) Shoot perpendicular to the focus sheet and see where your focus plan lies on the scale sheet and make appropriate adjustments